

Amanda Tzivas

Chicago, IL

She/Her

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About Amanda

Amanda assists employers in labor and employment disputes throughout the lifecycle of the litigation process. She represents clients in state and federal courts, as well as before state and federal agencies such as the Equal Employment Opportunity Commission, Illinois Department of Human Rights, Illinois Human Rights Commission, and the Department of Labor.

Amanda has represented clients in claims related to unlawful discrimination, harassment, retaliation, failure to accommodate, minimum wage or overtime pay violations, unequal pay, and others. In addition, she provides counseling on workplace benefits, safety, restrictive covenants, internal investigations, contracts, executive compensation, training, and employee handbooks. Amanda also advises clients on regulatory updates from the Occupational Safety and Health Administration (OSHA).

Further, Amanda represents schools and school districts in investigations conducted by the US Department of Education's Office for Civil Rights regarding claims of disability discrimination or retaliation against students and parents.

Amanda's Affiliations

- Hellenic Bar Association of Illinois

Areas of Focus

Industries: Education; Healthcare

Services: Employee Benefits & Executive Compensation ; Employment Advice & Counseling;
Employment Litigation; Immigration; Labor & Employment

Recognition

- Northwestern University Pritzker School of Law, John C. Kulis Charitable Foundation Scholarship; Dean's List; Bartlit Center Trial Team, Midwest and National Labor Law Competitions, Participant
- American Bar Association, Midwest Regional Labor Law Competition, First Place, 2017

Credentials

Education

Northwestern University Pritzker School of Law, JD, 2019

Saint Xavier University, BS, 2015

Bar Admissions

Illinois

Court Admissions

US District Court for the Central District of Illinois

US District Court for the Northern District of Illinois

Languages

Greek

Interests

Did you know...

Exploring the outdoors, traveling, live music, movies, podcasts, board games, reading, and exercising are some of her interests and favorite activities.

Thought Leadership

Presentations

- Co-Presenter, "The Labor & Employment Law Year in Review," Hinshaw's 29th Annual Labor & Employment Seminar, Schaumburg, Illinois, October 9, 2025
- Co-Presenter, "Labor & Employment Update: What Every Senior Living Employer Needs to Know," LeadingAge Illinois Annual Meeting & Expo, July 23, 2025

- Co-Presenter, “Mental Health and the Workplace: An Employer’s Guide to Compliance,” LeadingAge Illinois Annual Meeting & Expo, July 23, 2025
- Co-Presenter, “The Labor & Employment Law Year in Review,” Hinshaw’s 28th Annual Labor & Employment Seminar, Hoffman Estates, Illinois, November 13, 2024
- Co-Presenter, “Equal Pay Act and Protecting the Workplace from Claims,” Hinshaw’s 27th Annual Labor & Employment Seminar, Hoffman Estates, Illinois, October 19, 2023
- Co-Presenter, “Employee Mental Health Issues and the Duty to Accommodate,” Hinshaw’s 26th Annual Labor & Employment Seminar, Hoffman Estates, Illinois, October 27, 2022

Blog Posts

- Understanding Illinois’ New NICU Leave Law: Key Takeaways for Employers, Sep 9, 2025
- The Department of Labor Announces New Final Rule Clarifying Employee Representative Rights During Workplace Inspections, Apr 26, 2024
- EEOC Announces Final Rule Implementing Regulations to Enforce and Clarify the Pregnant Workers Fairness Act, Apr 18, 2024
- OSHA Announces Proposed Rule Change Expanding Authorized Employee Representation During Workplace Inspection to Include Union Officials and Other Non-Employees, Sep 19, 2023
- EEOC Announces Proposed Regulations to Enforce the Pregnancy Workers Fairness Act, Aug 15, 2023

Events

- Hinshaw Attorneys Present at Firm-Sponsored LeadingAge Illinois 2025 Annual Meeting & Expo, Jul 21, 2025
- Hinshaw is Proud to Sponsor and Compete in Ascend Justice’s Trivia Night, Oct 16, 2024
- 26th Annual Labor & Employment Seminar, Thursday, October 27, 2022 | 9:00 a.m. – 5:15 p.m.

[*View all of Amanda’s Insights*](#)